

Alaska Mental Health Board  
**FY 2004-2005 Operating Budget Proposal**

<p>1) <b>Proposer's Name</b>  <b>Consumers Consortium,</b></p>	<p>2) Contact Information          Barry Creighton, 54932          Burdock Rd, Kasilof, Alaska          99610, (907) 262-2824,          burdock@ionia.org</p>	<p>3) Program or Service Title  <b>Independent Case Management</b></p>
<p>4) Proposal Description:</p> <p>Make Case Management a service independent of Community Mental Health Centers in the larger communities. This will be at worst, revenue neutral, and at best a cost savings. Currently, consumers are frequently required to receive services they do not desire in order to receive other services they need and have little or no choice as to who will provide the services. This leads to a system that is less responsive to Consumers and achieves suboptimal – even extremely poor -- outcomes. Just as it has been recognized that in many, many cases housing should not be tied to and particularly should not be provided by the agency delivering the consumer his or her mental health services, case management should not be provided by the Consumer's Community Mental Health Center. Independent case management allows the case manager and the Consumer to pick and choose between potential providers, including being able to specify who to work with. This will improve outcomes because if things are not working out with a specific provider, another provider can be sought who will be more responsive. Daybreak Independent Case Management services from Palmer is demonstrating daily the efficacy of this approach.</p> <p>In the urban centers of Anchorage, Fairbanks and Juneau at least, it is anticipated that more than one independent case management service will emerge. In these communities, the Community Mental Health Centers should not be reimbursed for case management services. In all other communities with Community Mental Health Centers, independent case management should be authorized and all consumers allowed to choose independent case management if it is available.</p>		
<p>5) Explain geographic area to be served. Are there similar projects/programs in geographic area where collaboration is possible?</p> <p>Statewide. Daybreak Independent Case Management Services in Palmer is the only such program we know of.</p>		
<p>6) What AMHB priorities or goals of <i>A Shared Vision II</i> and/or the Comprehensive Integrated Mental Health Plan does this proposal support?</p> <ul style="list-style-type: none"> <li>Consumer Centered Services</li> <li>Consumer Rights</li> <li>Consumer Directed Policy Development</li> <li>Comprehensive System</li> <li>Integrative/Collaborative System</li> <li>Strengths Perspective</li> <li>Home and Community Focus</li> <li>Preventive Services</li> <li>Outcome Based Systems</li> <li>Cost Effectiveness</li> </ul>		
<p>7) How will this proposal improve the quality of life of Trust beneficiaries?</p>		

Independent case management has been shown to lead to better outcomes for consumers.

8) If this is a continuing project, report on status. Indicate not applicable if this is a new project.

N/A

9) Project cost and funding sources

FY 04 \$neutral/Medicaid

FY 05 \$neutral/Medicaid

FY 06 \$neutral/Medicaid

FY 07 \$neutral/Medicaid

FY 08 \$neutral/Medicaid

10) Is capital funding required?

No

11) Are new state employees required? No  
If so, how many?

12) Signature and date