



# Alaska Mental Health Consumer Web ♦ October 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
	<p><b>October is Domestic Violence Awareness Month</b></p>		<p>10a Peer-to-Peer 11a Women's Group <b>MOVIE DAY</b>  8p Spanish AA Meeting</p>	<p>10a Peer-to-Peer <b>11a - 1:30p Van Rides</b> <b>2p-Spiritual Health</b></p>	<p>9:30a Fry Bread 10a Peer-to-Peer <b>2p Resume Building Group</b> 12 - 1:30p WEB closed for Staff Meeting  5:30p NA Meeting</p>	<p>11a Peer-to-Peer</p>
5	6	7	8	9	<b>World Mental Health Day</b> 10	11
<p><u>Hours</u></p> <p>Mon-Fri...8:30a-5:00p (Fri only: closed 12-130p) Sat .....10:00a-4:00p Sun ..... Closed</p>	<p>10am Peer-to-Peer 1pm Coffee Break 2:00 PM Community Cleanup</p>	<p>10a Peer-to-Peer <b>11a - 1:30p Van Rides</b> 2pm-Muni Testing <b>2p W.R.A.P. Group</b></p>	<p>10am Peer-to-Peer <b>City Wide Memorial Celebration @ AK Native Heritage Center</b> 6:30-9PM  8p Spanish AA Meeting</p>	<p>10a Peer-to-Peer <b>11a - 1:30p Van Rides</b> <b>11:30a Volunteer Meeting</b> <b>2p-Health Education</b></p>	<p><b>World Mental Health Day</b> 10a Peer-to-Peer <b>2p Resume Building Group</b> 12 - 1:30p WEB closed for Staff Meeting 10:30-Tutan Recovery 5:30p NA Meeting</p>	<p>11a Peer-to-Peer</p>
12	13	14	15	16	17	18
	<p><b>COLUMBUS DAY OBSERVED</b> 10a Peer-to-Peer 1p Coffee Break 2p Community Cleanup</p>	<p>10a Peer-to-Peer <b>11a - 1:30p Van Rides</b> 2p - Dr. Madden Vet support</p>	<p>10a Peer-to-Peer 11a Women's Group  8p Spanish AA Meeting</p>	<p>10a Peer-to-Peer <b>VA Wellness Fair</b> 10AM-2pm <b>11a - 1:30p Van Rides</b> <b>2p-Spiritual Health</b></p>	<p>9:30a Fry Bread 10a Peer-to-Peer <b>2:00p Resume Building Group</b> 12 - 1:30p WEB closed for Staff Meeting 5:30p NA Meeting</p>	<p>11a Peer-to-Peer  12p - 2p <b>Sobriety Dinner</b> Central Lutheran Church</p>
19	20	21	22	23	24	25
	<p>10a Peer-to-Peer 1p Coffee Break 2p Community Cleanup</p>	<p>10a Peer-to-Peer <b>11a - 1:30p Van Rides</b> <b>2p W.R.A.P. Group</b></p>	<p>10a Peer-to-Peer 11a Women's Group  8p Spanish AA Meeting</p>	<p>10am Peer-to-Peer <b>11a - 1:30p Van Rides</b> <b>11:30a Volunteer Meeting</b> <b>2p-Health Education</b></p>	<p>9:30a Fry Bread 10a Peer-to-Peer <b>VA STAND DOWN 8:30-4:30</b> 12 - 1:30p WEB closed for Staff Meeting  5:30pm NA Meeting</p>	<p><b>10a - 4p Volunteer Only Cleaning Day</b></p>
26	27	28	29	30	<b>HALLOWEEN</b> 31	
	<p>10a Peer-to-Peer 1p Coffee Break 2p Community Cleanup</p>	<p>10a Peer-to-Peer <b>11a - 1:30p Van Rides</b> 2p - Dr. Madden Vet support</p>	<p>10a Peer-to-Peer 11a Women's Group  8p Spanish AA Meeting</p>	<p>10am Peer-to-Peer <b>11a - 1:30p Van Rides</b> <b>2p-Halloween Celebration</b></p>	<p>9:30a Fry Bread 10a Peer-to-Peer <b>2p Resume Building Group</b> 12 - 1:30p WEB closed for Staff Meeting  5:30pm NA Meeting</p>	