



Alaska Mental Health Consumer Web

October 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 WEB Hours Mon—Fri...8:30a-4:45p Friday only-Closed 12:00 -1:30p Sat.....10:00a—3:45p Sunday---Closed	26 10a Peer-to-Peer 11a Women's Group 2:00p Community	27 10a Peer-to-Peer 10:30a--2p Van Rides 2:00p W.R.A.P. Group	28 10a Peer-to-Peer 1:30p The Mind*Body* Spirit Connection	29 10a Peer-to-Peer 10:30a--2p Van Rides Employment Services	30 10a Peer-to-Peer 10:30 Art Workshop 12:00—1:30 WEB closed for Staff Meeting	1 Open 10:00a~3:45p 11a Peer-to-Peer N/A Meeting 4:30
2 8p Spanish AA Meeting Sunday---Closed	3 10a Peer-to-Peer 11a Women's Group 2:00p Community Cleanup	4 10a Peer-to-Peer 10:30a--2p Van Rides 2:00p W.R.A.P. Group with Dr. Madden Vet Support	5 10a Peer-to-Peer 1:30p The Mind*Body* Spirit Connection	6 10a Peer-to-Peer 10:30a--2p Van Rides Employment Services	7 10a Peer-to-Peer 10:30 Art Workshop 12:00—1:30 WEB closed for Staff Meeting	8 Open 10:00a~3:45p 11a Peer-to-Peer N/A Meeting 4:30
9 8p Spanish AA Meeting Sunday---Closed	10 Columbus Day Holiday Hours 10-4 11a Women's Group 2:00p Community Cleanup	11 10a Peer-to-Peer 10:30a--2p Van Rides Emergency Evac. Drill 10:30 2:00p W.R.A.P. Group	12 10a Peer-to-Peer PA event @ UAA 12:00 1:30p The Mind*Body* Spirit Connection	13 10a Peer-to-Peer 10:30a--2p Van Rides Employment Services	14 10a Peer-to-Peer 10:30 Art Workshop 12:00—1:30 WEB closed for Staff Meeting	15 Open 10:00a~3:45p 11a Peer-to-Peer All day Web Facility Cleanup Volunteers only N/A Meeting 4:30
16 8p Spanish AA Meeting Sunday---Closed	17 10a Peer-to-Peer 11a Women's Group 2:00p Community Cleanup	18 10a Peer-to-Peer 10:30a--2p Van Rides 2:00p W.R.A.P. Group with Dr. Madden Vet Support	19 10a Peer-to-Peer 1:30p The Mind*Body* Spirit Connection	20 10a Peer-to-Peer 10:30a--2p Van Rides Employment Services	21 10a Peer-to-Peer 10:30 Art Workshop 12:00—1:30 WEB closed for Staff Meeting	22 Open 10:00a~3:45p 11a Peer-to-Peer N/A Meeting 4:30
23 8p Spanish AA Meeting Sunday---Closed	24 10a Peer-to-Peer 11a Women's Group 2:00p Community	25 10a Peer-to-Peer 10:30a--2p Van Rides 2:00p W.R.A.P. Group	26 10a Peer-to-Peer 1:30p The Mind*Body* Spirit Connection	27 10a Peer-to-Peer 10:30a--2p Van Rides Employment Services	28 10a Peer-to-Peer 10:30 Art Workshop 12:00—1:30 WEB closed for Staff Meeting	29 Open 10:00a~3:45p 11a Peer-to-Peer N/A Meeting 4:30
30 8p Spanish AA Meeting Sunday---Closed	31 10a Peer-to-Peer 11a Women's Group 2:00p Community	1 Happy November	2 	3 	4 	5 9.27.16

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