

1 UNITED STATES COURT OF APPEALS  
2 FOR THE SECOND CIRCUIT

3  
4 August Term 2000

5 (Argued July 11, 2001 Decided: April 24, 2002)

6 Docket No. 01-1143

7 -----x  
8  
9 UNITED STATES OF AMERICA,

10  
11 Appellee,

12  
13 -v.-

14  
15 AARON GOMES,

16  
17 Defendant-Appellant.

18  
19 -----x  
20 B e f o r e : WALKER, Chief Judge, CABRANES and STRAUB, Circuit  
21 Judges.

22 Appeal from that part of an order issued by the United  
23 States District Court for the District of Connecticut  
24 (Christopher F. Droney, District Judge), authorizing the  
25 involuntary medication of Aaron Gomes with antipsychotic drugs to  
26 render him competent to stand trial.

27 Vacated and remanded.

28 JEREMIAH DONOVAN, (Todd Kennedy,  
29 Law Student, New Haven, CT, on the  
30 brief), Old Saybrook, CT, for  
31 Defendant-Appellant.

32  
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34 States Attorney, (John A. Danaher  
35 III, United States Attorney for the  
36 District of Connecticut, New Haven,

1 CT, on the brief), Hartford, CT,  
2 for Appellee.

3  
4 JONATHAN E. NUECHTERLEIN, (Paul A.  
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8 (Nathalie F.P. Gilfoyle, General  
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11 Association, Washington, DC, on the  
12 brief), for Amicus Curiae American  
13 Psychological Association.

14  
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18  
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20 the brief), Sullivan & Cromwell,  
21 New York, NY, (Franklin B. Velie,  
22 Dierdre A. Burgman, Salans  
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25 brief), (Gerald Walpin, David L.  
26 Wales, Rosenman & Colin, New York,  
27 NY, on the brief), for Amicus  
28 Curiae the Federal Bar Council.

29  
30 WILLIAM J. ROLD, New York, NY, for  
31 Amicus Curiae the National  
32 Commission on Correctional Health  
33 Care.

34 JOHN M. WALKER, JR., Chief Judge:

35 This appeal requires us to determine the appropriate  
36 standard under which involuntary medication may be ordered to  
37 render a non-dangerous criminal defendant competent to stand  
38 trial. Defendant-appellant Aaron Gomes appeals from the February  
39 6, 2001 order of the United States District Court for the  
40 District of Connecticut (Christopher F. Droney, District Judge)

1 authorizing Gomes's involuntary medication with antipsychotic  
2 drugs, subject to certain conditions, to render him competent to  
3 stand trial for the charged criminal conduct, and extending his  
4 commitment to the custody of the Attorney General. On appeal,  
5 Gomes challenges only that part of the district court order  
6 authorizing his involuntary medication. We vacate the order of  
7 involuntary medication and remand for further proceedings in  
8 light of the standard we have adopted.

9 BACKGROUND

10 On October 27, 1998, a federal grand jury indicted Gomes on  
11 one count of possession of a firearm by a convicted felon, in  
12 violation of 18 U.S.C. §§ 922(g)(1) and 924(a)(2). The  
13 indictment followed Gomes's arrest by the Hartford Police on  
14 September 30, 1998 for possession of a pistol without a permit,  
15 possession of a controlled substance, and possession of narcotics  
16 and theft of a firearm. On May 7, 1999, the government filed a  
17 notice informing the district court that because Gomes had at  
18 least three prior convictions for violent felonies or serious  
19 drug offenses, he qualified for a sentence enhancement as an  
20 Armed Career Offender under 18 U.S.C. § 924(e). With this  
21 enhancement, Gomes faces a mandatory minimum sentence of fifteen  
22 years' imprisonment.

23 Gomes has yet to stand trial for these charges. After the  
24 district court denied Gomes's motion to suppress evidence in

1 April 1999, the proceedings in this case have centered on Gomes's  
2 competency to stand trial. On May 27, 1999, Gomes's own attorney  
3 first raised the issue. Citing "behavior of the defendant which  
4 casts some doubts as to defendant's competency," Gomes's counsel  
5 on June 1, 1999 sought authorization to have a psychiatrist  
6 determine Gomes's present competency and whether he was  
7 criminally insane at the time of the offense. However, Gomes  
8 refused to participate and this examination did not take place.

9 On June 23, 1999, the district court, on its own motion and  
10 without the benefit of expert testimony, found that there was  
11 "reasonable cause to believe that [Gomes] may presently be  
12 suffering from a mental disease or defect rendering him mentally  
13 incompetent to the extent that he may be unable to understand the  
14 nature and consequences of the proceedings against him and/or to  
15 assist properly in his defense." The district court ordered a  
16 competency hearing that was to be held after Gomes was examined  
17 by a psychiatrist. Once again, Gomes refused to cooperate. On  
18 October 25, 1999, the district court, absent objection, ordered  
19 that Gomes be committed, pursuant to 18 U.S.C. § 4247(b), to the  
20 custody of the Attorney General for placement in a suitable  
21 psychiatric facility for thirty days for examination of his  
22 mental health and competency to stand trial.

### 23 I. The Competency Hearings

24 After Gomes was examined at the U.S. Medical Center for

1 Federal Prisoners in Springfield, Missouri ("USMC-Springfield"),  
2 the district court scheduled a competency hearing. At the  
3 hearing, held on May 12, 2000, Gomes persisted in his refusal to  
4 participate and angrily objected to, among other things, certain  
5 witnesses who were to testify by teleconference. Gomes's efforts  
6 to obstruct the proceedings led to his removal from the  
7 courtroom. The district court proposed various measures that  
8 would have allowed Gomes to participate in the hearing from  
9 outside the courtroom, but none of these proposals were  
10 technologically feasible. Ultimately, without objection from  
11 counsel for either side, the district court held the hearing in  
12 Gomes's absence.

13 The government offered the testimony and written report of  
14 Dr. David Mrad, a Bureau of Prisons forensic psychologist. Dr.  
15 Mrad, who had examined Gomes at USMC-Springfield, concluded that  
16 Gomes was incompetent because, while he understood some aspects  
17 of the proceedings against him, he lacked a "rational  
18 understanding" of those proceedings and suffered from an  
19 undefined "psychotic disorder." Dr. Mrad's report cited numerous  
20 instances of Gomes's "persecutory ideas" and other delusions.  
21 Among these delusions is Gomes's insistence that the instant  
22 federal proceedings are part of a vast conspiracy against him  
23 orchestrated by the judge in a prior state court proceeding.

24 In a June 7, 2000 ruling, the district court found that

1 Gomes was not competent to stand trial and ordered him committed  
2 to the custody of the Attorney General for three months to  
3 determine whether there was a substantial probability that Gomes  
4 would attain the capacity to stand trial in the foreseeable  
5 future. The district court agreed with Dr. Mrad that Gomes's  
6 persecutory delusions rendered him unable to assist in his own  
7 defense because his efforts would be directed toward uncovering  
8 the supposed "conspiracy" rather than defending against the  
9 actual charges. We affirmed the district court in an unpublished  
10 summary order dated October 2, 2000.

## 11 II. The Administrative Involuntary Medication Proceedings

12 Upon his return to USMC-Springfield following the hearing,  
13 Gomes was examined again and prescribed antipsychotic medication.  
14 When Gomes refused to take the medication, two administrative  
15 hearings were held at USMC-Springfield, in accordance with the  
16 rules and procedures set forth at 28 C.F.R. § 549.43, to  
17 determine whether Gomes could be involuntarily medicated. The  
18 second hearing was necessary because it was unclear whether Gomes  
19 was given a copy of the report of the first hearing as required.  
20 The psychiatrists who presided at the hearings, Drs. Patrick C.  
21 Gariety and Carlos Tomelleri, concluded that antipsychotic  
22 medication was appropriate because it was the indicated treatment  
23 for Gomes's illness and other forms of treatment would not be  
24 likely to alleviate his symptoms. Gomes refused to take the

1 prescribed antipsychotic medication.

2 On October 13, 2000, the government sought to have the  
3 district court supplement its earlier commitment order to extend  
4 the time of Gomes's commitment and to expressly authorize the  
5 Bureau of Prisons to medicate Gomes against his will. In a  
6 November 11, 2000 ruling and order, the district court granted  
7 the extension of time but denied authorization of involuntary  
8 medication. Because the government's interest in medicating  
9 Gomes was restoring him to competency so that he could be tried,  
10 and not the weightier interest of pacifying a dangerous detainee,  
11 the district court found that involuntary medication could not be  
12 ordered without first holding a judicial hearing.

### 13 III. The District Court Involuntary Medication Proceedings

14 The district court held an involuntary medication hearing on  
15 December 28, 2000. The government argued that, in determining  
16 whether to order the involuntary medication of Gomes to render  
17 him competent to stand trial, the district court should employ  
18 the same standard that was used in the administrative hearings:  
19 the government need only show by a preponderance of the evidence  
20 that (1) weighing the benefits against the risks, the medication  
21 was medically appropriate; and (2) there were no less intrusive  
22 means that would enable the government to bring the defendant to  
23 trial. In the alternative, the government argued that the  
24 involuntary medication of Gomes was authorized under the strict

1 scrutiny standard announced by the Sixth Circuit in United States  
2 v. Brandon, 158 F.3d 947, 957 (6th Cir. 1998). To prove the  
3 necessity of forcibly medicating Gomes, the government offered  
4 the testimony of Dr. James K. Wolfson, Gomes's treating  
5 psychiatrist at USMC-Springfield.

6 In response, Gomes contended that such involuntary  
7 medication was never warranted unless the defendant posed a  
8 danger to himself or others. Because Gomes refused to submit to  
9 a psychiatric examination, his defense was limited to his own  
10 testimony and cross-examination of the government's psychiatrist.

11 The district court concluded that it could order the  
12 involuntary medication of a non-dangerous defendant, but that the  
13 government must first show that the involuntary medication is  
14 "necessary to accomplish an essential government interest." The  
15 district court then listed eight factors that the government must  
16 establish by clear and convincing evidence:

- 17 1. Whether the government has an overriding  
18 justification for involuntarily medicating the  
19 defendant;
- 20 2. Whether psychotropic medication is medically  
21 appropriate and necessary;
- 22 3. Whether there are any less intrusive means by  
23 which to restore the defendant to competency;
- 24 4. Whether there is a sound medical basis for  
25 administering psychotropic medication;
- 26 5. Whether there is any significant risk that the  
27 medication will impair or alter in any material  
28 way the defendant's capacity or willingness to  
29  
30  
31  
32

1 react to the testimony at trial or to assist his  
2 counsel;

3  
4 6. Whether there are any apparent side-effects of the  
5 psychotropic medication;

6  
7 7. Whether there are any other indications that the  
8 medication will in any way interfere with the  
9 defendant's ability to provide information to his  
10 attorney and to participate in the making of  
11 decisions on his own behalf at trial; and

12  
13 8. Whether the defendant's appearance will be  
14 adversely [a]ffected or whether he will suffer  
15 other prejudice at trial as a result of  
16 involuntary medication.

17 Finally, the district court determined that it must weigh  
18 five additional factors: (1) the competing interests of the  
19 defendant and the government; (2) the dangerousness of the  
20 defendant; (3) the seriousness of the charged crime; (4) the  
21 possibility of the defendant's release in the event that he  
22 cannot be made to stand trial; and (5) the availability of less  
23 intrusive means by which the defendant could be restored to  
24 competency.

25 In concluding that the government had met its burden, the  
26 district court found that the government's interest in enforcing  
27 the federal criminal laws constituted an "essential, overriding  
28 justification for involuntary medicat[ion]." According to the  
29 court, Dr. Wolfson's testimony sufficiently established that the  
30 administration of the antipsychotic drugs was medically  
31 appropriate and necessary to reduce Gomes's persecutory delusions  
32 and restore his mental functioning; that there were no less

1 intrusive means to do so; and that there was a "high likelihood"  
2 that the drugs would have the desired effect. The district court  
3 also found that the risks posed by side effects were neither  
4 sufficient to prohibit the use of the medication nor likely to  
5 interfere with Gomes's ability to participate in and assist with  
6 his trial. Based on these findings, the district court ordered  
7 the involuntary medication of Gomes with antipsychotic drugs,  
8 subject to certain conditions, and a two-month extension of his  
9 commitment to the custody of the Attorney General, pursuant to 18  
10 U.S.C. § 4241(d) (2) (A).

11 Gomes appealed from this order. The district court stayed,  
12 during the pendency of the appeal, its order to medicate Gomes.

#### 13 DISCUSSION

14 The question of under what circumstances medication may be  
15 forcibly administered to a non-dangerous criminal defendant for  
16 the purpose of rendering him competent to stand trial is one of  
17 first impression in this circuit. Similarly, the Supreme Court  
18 has had "no occasion to finally prescribe . . . substantive  
19 standards" to govern this question. Riggins v. Nevada, 504 U.S.  
20 127, 136 (1992). Before we turn to that issue, however, we will  
21 address whether we have jurisdiction to decide this appeal.

#### 22 I. Appellate Jurisdiction

23 The parties agree that we have appellate jurisdiction over  
24 the district court's non-final order that, among other things,

1 authorizes the involuntary medication of Gomes, under the  
2 collateral order doctrine set forth in Cohen v. Beneficial  
3 Industrial Loan Corp., 337 U.S. 541, 546 (1949). Because  
4 jurisdiction cannot be conferred by the parties, however, we must  
5 independently decide the question.

6 Under Cohen and its progeny, non-final orders are  
7 immediately appealable if they “conclusively determine the  
8 disputed question, resolve an important issue completely separate  
9 from the merits of the action, and [are] effectively unreviewable  
10 on appeal from a final judgment.” Coopers & Lybrand v. Livesay,  
11 437 U.S. 463, 468 (1978) (footnote omitted); see also Cohen, 337  
12 U.S. at 546. Applying this standard, the Sixth and the Fourth  
13 Circuits have determined that they had appellate jurisdiction to  
14 review district court orders authorizing the involuntary  
15 medication of criminal defendants. Brandon, 158 F.3d at 950-51;  
16 United States v. Morgan, 193 F.3d 252, 258-59 (4th Cir. 1999);  
17 see also United States v. Sell, 282 F.3d 560 (8th Cir. 2002)  
18 (exercising, without expressly considering the issue, appellate  
19 jurisdiction over a district court order authorizing the  
20 involuntary medication of a criminal defendant to render him  
21 competent to stand trial); United States v. Weston, 255 F.3d 873  
22 (D.C. Cir.), cert. denied, 122 S. Ct. 670 (2001) (same).

23 We join our sister circuits in holding that the Cohen test  
24 is satisfied here. The district court’s order conclusively

1 determined the question before it, namely whether Gomes may be  
2 involuntarily medicated. Also, the issues involved in  
3 determining whether to order involuntary medication are separate  
4 from the merits of the underlying criminal charges. See Morgan,  
5 193 F.3d at 259; Brandon, 158 F.3d at 951. Finally, the district  
6 court's order is effectively unreviewable on appeal. If the  
7 defendant should prevail after he has been forcibly medicated,  
8 his right to refuse to be medicated would have been lost and his  
9 victory would be a hollow one. See Morgan, 193 F.3d at 259.  
10 Thus, we have jurisdiction.

## 11 II. Involuntary Medication

12 While the Supreme Court has yet to articulate a standard for  
13 determining when a non-dangerous criminal defendant may be  
14 involuntarily medicated to render him competent to stand trial,  
15 it has framed the issue in general terms. "[T]he substantive  
16 issue involves a definition of th[e] protected constitutional  
17 interest, as well as identification of the conditions under which  
18 competing state interests might outweigh it." Washington v.  
19 Harper, 494 U.S. 210, 220 (1990) (quoting Mills v. Rogers, 457  
20 U.S. 291, 299 (1982) (citations omitted)) (internal quotation  
21 marks omitted, alterations in original). Our first task, then,  
22 is to identify the competing interests of the defendant and the  
23 government.

### 24 A. *The Defendant's Interest in Avoiding Unwanted* 25 *Medication*

1           There can be little doubt that the “forcible injection of  
2 medication into a nonconsenting person’s body . . . represents a  
3 substantial interference with that person’s liberty.” Riggins,  
4 504 U.S. at 134 (quoting Harper, 494 U.S. at 229) (internal  
5 quotation marks omitted). As the Supreme Court has noted, the  
6 “purpose of the [antipsychotics] is to alter the chemical balance  
7 in a patient’s brain, leading to changes, intended to be  
8 beneficial, in his or her cognitive processes. . . . [I]t is  
9 also true that the drugs can have serious, even fatal, side  
10 effects.” Id. (quoting Harper, 494 U.S. at 229) (citation and  
11 internal quotation marks omitted). Given this level of  
12 invasiveness and the severity of the possible side effects of  
13 antipsychotic medication, it follows that the non-consenting  
14 criminal defendant’s liberty interest to be free from this sort  
15 of bodily intrusion under the Due Process Clause of the  
16 Fourteenth Amendment is a substantial one. See, e.g., Weston,  
17 255 F.3d at 876; Brandon, 158 F.3d at 953.

18           When the drugs are being administered to render the  
19 defendant competent to stand trial, the defendant has other  
20 interests that come into play after the administration of the  
21 medication. It is unconstitutional for the government to bring  
22 an incompetent defendant to trial. See Pate v. Robinson, 383  
23 U.S. 375, 378 (1966). Even when they restore competency, in  
24 particular cases antipsychotic drugs can affect a defendant’s in-

1 court demeanor as well as his willingness and ability to assist  
2 in his defense, thereby implicating Sixth Amendment rights to a  
3 fair trial. Riggins, 504 U.S. at 142 (Kennedy, J., concurring);  
4 Weston, 255 F.3d at 876, 883-86; Brandon, 158 F.3d at 954. In  
5 addition, some courts have found--and Gomes presses the argument  
6 in this appeal--that a criminal defendant "has a First Amendment  
7 interest in avoiding forced medication, which may interfere with  
8 his ability to communicate ideas." Brandon, 158 F.3d at 953; see  
9 also Bee v. Greaves, 744 F.2d 1387, 1393-94 (10th Cir. 1984).

10 *B. The Government's Countervailing Interests in*  
11 *Prosecution*

12 The government's countervailing interests are no less  
13 substantial and, under certain circumstances, outweigh those of  
14 the criminal defendant. The Supreme Court has on numerous  
15 occasions recognized that the "individual's strong interest in  
16 liberty," even though "importan[t] and fundamental . . . may, in  
17 circumstances where the government's interest is sufficiently  
18 weighty, be subordinated to the greater needs of society."  
19 United States v. Salerno, 481 U.S. 739, 750-51 (1987); see also  
20 Kansas v. Hendricks, 521 U.S. 346, 356 (1997); Youngberg v.  
21 Romeo, 457 U.S. 307, 320 (1982). Moreover, "trial prejudice can  
22 sometimes be justified by an essential state interest," Riggins,  
23 504 U.S. at 138, and the Supreme Court has rejected the view that  
24 the rights protected by the First Amendment are "absolutes."  
25 Konigsberg v. State Bar of Cal., 366 U.S. 36, 49 (1961) (citation

1 and internal quotation marks omitted).

2 The government's interest in bringing a criminal defendant  
3 to trial is a fundamental one. The "[c]onstitutional power to  
4 bring an accused to trial is fundamental to a scheme of 'ordered  
5 liberty' and prerequisite to social justice and peace." Illinois  
6 v. Allen, 397 U.S. 337, 347 (1970) (Brennan, J., concurring); see  
7 also Winston v. Lee, 470 U.S. 753, 762 (1985). In the context of  
8 forcibly administering antipsychotic medication to render a  
9 criminal defendant competent to stand trial, the government's  
10 interest in prosecution has been deemed "essential," Sell, 282  
11 F.3d at 568, Weston, 255 F.3d at 880; "substantial," Brandon, 158  
12 F.3d at 954; and "vital," State v. Garcia, 233 Conn. 44, 74, 658  
13 A.2d 947, 962 (1995). As the District of Columbia Circuit noted  
14 in Weston, even though civil commitment might reduce the danger  
15 to the community posed by an individual, it cannot address a host  
16 of other important societal concerns and values served by a  
17 criminal trial: "the retributive, deterrent, communicative, and  
18 investigative functions of the criminal justice system, . . .  
19 serve to ensure that offenders receive their just deserts, to  
20 make clear that offenses entail consequences, and to discover  
21 what happened through the public mechanism of trial." 255 F.3d  
22 at 882. The government's interest in the prosecution of crime  
23 generally is a substantial and important interest, and it is  
24 usually an essential one.

1 III. The Standard for Involuntary Medication

2 With these competing interests in mind, we turn to the  
3 circumstances under which the government's interests are likely  
4 to outweigh those of the defendant. Abjuring any definitive  
5 pronouncements, the Supreme Court in Riggins has offered some  
6 suggestions as to the baseline requirements that must be met  
7 before antipsychotic drugs may be forcibly administered to a non-  
8 dangerous criminal defendant to render him competent to stand  
9 trial.

10 A. *The Substantive Standard*

11 In Riggins, the defendant, who was sentenced to death  
12 following his conviction for murder and robbery, challenged a  
13 state court's order denying his motion to halt the administration  
14 of antipsychotic medication during his trial. 504 U.S. at 130-  
15 32. The Court reversed, but concluded that it had "no occasion  
16 to finally prescribe . . . substantive standards . . . [for  
17 involuntary medication], since the [trial court] allowed  
18 administration of [antipsychotic medication] to continue without  
19 making any determination of the need for this course or any  
20 findings about reasonable alternatives." Id. at 136 (emphasis in  
21 original).

22 One of the lessons we draw from Riggins is that before the  
23 government is permitted to forcibly medicate a criminal defendant  
24 to bring him to trial, the trial court must make explicit

1 findings as to the factors that weigh in the balance and the  
2 government's showing that these factors weigh in its favor. In  
3 particular, the Court indicated that forced medication might be  
4 allowable if, in addition to being medically appropriate, it were  
5 necessary to bringing a non-dangerous criminal defendant to  
6 trial. See id. at 135 ("[T]he State might have been able to  
7 justify medically appropriate, involuntary treatment with the  
8 drug by establishing that it could not obtain an adjudication of  
9 Riggins' guilt or innocence by using less intrusive means."); id.  
10 ("[O]nce Riggins moved to terminate administration of  
11 antipsychotic medication, the State became obligated to establish  
12 the need for Mellaril and the medical appropriateness of the  
13 drug."). The Court also set forth a standard of heightened, but  
14 not "strict," scrutiny for determining when the possible  
15 prejudice to a defendant's fair trial rights might be outweighed  
16 by the government's interest in prosecution: "administration of  
17 antipsychotic medication [that is] necessary to accomplish an  
18 essential state policy." Id. at 138; see also id. at 136  
19 ("Contrary to the dissent's understanding, we do not 'adopt a  
20 standard of strict scrutiny.'" (citation omitted)).

21 We agree with the observations of our sister circuits that  
22 the Supreme Court in Riggins "suggest[ed] that the governmental  
23 interest in restoring a pretrial detainee's competence to stand  
24 trial could override his liberty interest," Weston, 255 F.3d at

1 879; see also Sell, 282 F.3d at 566, and that “the opinion’s  
2 language suggests some form of heightened scrutiny,” Weston, 255  
3 F.3d at 880; see also Sell, 282 F.3d at 567 & n.7. In accord  
4 with Riggins, Sell, and Weston, we hold that heightened, but not  
5 strict, scrutiny is the appropriate standard for determining when  
6 a non-dangerous criminal defendant may be forcibly medicated with  
7 antipsychotic drugs for the purpose of rendering him competent to  
8 stand trial. We think that the government must show, and the  
9 district court must explicitly find, by clear and convincing  
10 evidence (1) that the proposed treatment is medically  
11 appropriate, see Sell, 282 F.3d at 567; Weston, 255 F.3d at 876;  
12 (2) that it is necessary to restore the defendant to trial  
13 competence, see Sell, 282 F.3d at 567; Weston, 255 F.3d at 882;  
14 (3) that the defendant can be fairly tried while under the  
15 medication, see Sell, 282 F.3d at 571; Weston, 255 F.3d at 883;  
16 and (4) that trying the defendant will serve an essential  
17 government interest, see Sell, 282 F.3d at 567; Weston, 255 F.3d  
18 at 880; see also United States v. Sanchez-Hurtado, 90 F. Supp. 2d  
19 1049, 1055 (S.D. Cal. 1999) (following Riggins in prescribing a  
20 heightened scrutiny standard and several other factors).

21 The process of medicating a defendant is a dynamic one. It  
22 can be evaluated over the course of treatment to ascertain, with  
23 expert assistance, both its effectiveness and the nature of any  
24 side effects. Accordingly, we believe that a district court

1 ordering involuntary medication must closely monitor the process  
2 to ensure that the dosage is properly individualized to the  
3 defendant, that it continues to be medically appropriate, and  
4 that it does not deprive him of a fair trial or the effective  
5 assistance of counsel. See Sell, 282 F.3d at 572 (noting with  
6 approval the district court's willingness to reconsider the  
7 defendant's fair trial rights after the administration of the  
8 medication). There are three principal reasons why we believe  
9 the foregoing standard is the appropriate one.

10 *B. The Government's Overriding Interest in Prosecution*

11 First, we are convinced that, while an individualized  
12 finding must be made in each case, in most although not  
13 necessarily all of them, the district court will be considering a  
14 government interest in prosecution that will be found to weigh  
15 heavily in the balance. In our view, a strict scrutiny standard,  
16 such as that adopted by the Sixth Circuit, is unduly restrictive  
17 because strict scrutiny has come to be considered "fatal in  
18 fact." See Brandon, 158 F.3d at 956. Although we are not  
19 unmindful of Brandon's concerns about the important interests of  
20 the defendant, we cannot accept the proposition that involuntary  
21 medication should be limited to defendants who are prosecuted for  
22 only the most heinous crimes. Cf. Sell, 282 F.3d at 572 (Bye,  
23 J., dissenting) ("Weston [involving, among other things, two  
24 counts of murder and one count of attempted murder of federal law

1 officers] typifies the case where the government's interest is  
2 paramount because the charges include the most serious crimes  
3 known to man."). As will be discussed in more detail below, we  
4 believe that in most cases a flexible regime can accommodate both  
5 the government's interest in prosecution and the defendant's  
6 health interests and fair trial rights consistent with  
7 constitutional requirements.

8 *C. Protection of the Defendant's Health Interests and Fair*  
9 *Trial Rights*

10 Second, recent advances in antipsychotic medication reduce  
11 our concerns that the defendant's health interests and fair trial  
12 rights cannot be adequately protected when he is involuntarily  
13 medicated to render him competent to stand trial. These  
14 concerns, which Gomes forcefully presents, were carefully  
15 articulated by Justice Kennedy in his concurrence in Riggins, 504  
16 U.S. at 138-45, and have been repeated in subsequent decisions.  
17 See Brandon, 158 F.3d at 961; United States v. Santonio, No.  
18 2:00-CR-90C, 2001 WL 670932, at \*3 (D. Utah May 3, 2001);  
19 Woodland v. Angus, 820 F. Supp. 1497, 1510 n.15 (D. Utah 1993).  
20 Justice Kennedy was particularly troubled that the side effects  
21 of these drugs might, by making the defendant look bored or  
22 unfeeling, prejudice the jury and affect the outcome of the  
23 trial. Riggins, 504 U.S. at 142-43. In addition, he believed  
24 that the drowsiness and mind-dulling effects of these drugs might  
25 "hamper the attorney-client relation, preventing effective

1 communication and rendering the defendant less able or willing to  
2 take part in his defense.” Id. at 144.

3         These are important concerns. In responding to them, we  
4 first note that significant improvements have been made in  
5 antipsychotic medication in the decade since Justice Kennedy  
6 expressed his misgivings in Riggins. Justice Kennedy himself  
7 presciently acknowledged then that “[t]he state of our knowledge  
8 of antipsychotic drugs and their side effects is evolving and may  
9 one day produce effective drugs that have only minimal side  
10 effects.” Id. at 145. As the American Psychiatric Association  
11 has pointed out, a new generation of antipsychotic drugs “largely  
12 post-dating Riggins” and with a “more favorable side effect  
13 profile” has appeared. Amicus Br. of the Am. Psychiatric Ass’n  
14 at 3, 13-14 [hereinafter Am. Psychiatric Ass’n]. The American  
15 Psychological Association agrees, stating that these new drugs,  
16 called atypicals, “generally exhibit equal or improved  
17 therapeutic efficacy in comparison to the traditional or  
18 conventional agents, yet they have a more favorable side effect  
19 profile.” Amicus Br. of the Am. Psychological Ass’n at 8  
20 (citation and internal quotation marks omitted) [hereinafter Am.  
21 Psychological Ass’n]. Most of the atypicals present relatively  
22 low risks of the serious side effects associated with  
23 conventional drugs such as Mellaril, the drug at issue in  
24 Riggins. See id. at 8-9.

1           Gomes's effort to discount the significance of the atypicals  
2 is not convincing. Relying on the unavailability of atypicals in  
3 an injectable form that could be forcibly administered, Gomes  
4 argues that because he is likely to refuse medication, the more  
5 severe side effects attributable to injectable conventional drugs  
6 are also relevant. However, amicus American Psychological  
7 Association points out that two injectable forms of atypicals  
8 that could be forcibly administered have been recommended for  
9 approval by the FDA, and are pending approval. Am. Psychological  
10 Ass'n at 9 n.9; see also Am. Psychiatric Ass'n at 15 n.12 (noting  
11 that at least one injectable atypical "has now moved most of the  
12 way through the FDA approval process"). These atypicals could be  
13 considered for use, with approval or substantial progress in the  
14 FDA process of evaluation, upon an adequate scientific record.

15           Moreover, even if it were necessary to forcibly medicate  
16 Gomes with conventional drugs, we believe that Gomes's interests  
17 could be sufficiently accommodated. See Sell, 282 F.3d at 571  
18 (rejecting claim that the district court erred by basing its  
19 involuntary medication order in part on the availability of  
20 atypicals that could not be forcibly administered). Dr. Wolfson  
21 testified that in such cases the initially non-consenting  
22 individual, after being restored somewhat and having become more  
23 cooperative, could be switched to atypicals. Even if this were  
24 not to occur, we note that the most harmful side effects

1 associated with conventional antipsychotic medications are rare,  
2 result from years of usage, and, to the extent that they arise  
3 shortly after administration of the medication, are manageable.  
4 Furthermore, the involuntary administration of the medication  
5 would be of limited duration because the government's interest in  
6 involuntary medication ceases with the completion of the legal  
7 proceedings.

8 Finally, whatever the risks of side effects may be, we  
9 believe that they are best dealt with in the context of the  
10 individual case rather than by blanket judicial pronouncements.  
11 We agree with the American Psychological Association that  
12 concerns about the medication's effect on the defendant's health  
13 interests and fair trial rights need to be considered in light of  
14 the individual defendant's response in the particular case and  
15 thus are "best addressed at the time of trial, after the drugs  
16 have already been administered and their effects in the given  
17 case are understood." Am. Psychological Ass'n at 26. In  
18 addition, the defendant always retains the ability to argue on  
19 direct appeal from his conviction that the involuntary medication  
20 order had the effect of denying him a fair trial.

21 *D. The Defendant's First Amendment Rights*

22 Third, we do not think that a consideration of the  
23 defendant's First Amendment rights, at least insofar as they are  
24 raised in this appeal, alters the analysis derived from Riggins,

1 Sell, and Weston, even though those cases did not explicitly  
2 consider these rights. Gomes argues that the involuntary  
3 administration of the antipsychotics would run afoul of the First  
4 Amendment by affecting his ability "to produce and communicate  
5 ideas," as well as his mood, attitude, and capacity to think.

6 As an initial matter, we note that because Gomes articulated  
7 his First Amendment rights only in cursory and general terms, we  
8 are not certain as to the exact nature of his First Amendment  
9 claims. To the extent that Gomes's concerns about the drugs'  
10 effect on his mental processes and personality are an expression  
11 of fears that the antipsychotic medication will "alter the  
12 chemical balance in [his] brain, leading to changes, intended to  
13 be beneficial, in his . . . cognitive processes," Riggins, 504  
14 U.S. at 134 (citation and internal quotation marks omitted),  
15 Gomes's First Amendment rights are in large part co-extensive  
16 with his due process liberty interest in avoiding unwanted  
17 medication. We have considered this interest, as have Riggins,  
18 Sell, and Weston.

19 To the extent that Gomes seeks to assert other First  
20 Amendment rights, we do not think he has raised considerations  
21 that would change our analysis by triggering the more exacting,  
22 strict scrutiny standard that is applied to content-based  
23 regulations. See, e.g., Simon & Schuster, Inc. v. Members of the  
24 N.Y. State Crime Victims Bd., 502 U.S. 105, 118 (1991). The sole

1 intention of the order of involuntary medication is to restore  
2 Gomes to competence for trial, not to “proscribe speech or even  
3 expressive conduct because of disapproval of the ideas  
4 expressed.” R.A.V. v. City of St. Paul, 505 U.S. 377, 382 (1992)  
5 (citations omitted). In doing so, the administration of  
6 antipsychotics is intended to facilitate Gomes’s ability “to  
7 produce and communicate ideas” and in this sense “positively  
8 promote[s] First Amendment interests by enhancing [his] ability  
9 to concentrate, read, learn, and communicate” and “clear[ing] the  
10 hallucinations and delusions produced by psychosis.” Am.  
11 Psychiatric Ass’n at 22 (emphasis in original). In any event,  
12 under the circumstances of this case at least, a content-neutral  
13 regulation such as the instant order of involuntary medication  
14 would trigger only an intermediate scrutiny standard similar to  
15 the heightened scrutiny standard adopted today. See, e.g., Ward  
16 v. Rock Against Racism, 491 U.S. 781, 798 (1989) (applying an  
17 intermediate scrutiny standard to content-neutral time, place,  
18 and manner restrictions); United States v. O’Brien, 391 U.S. 367,  
19 377 (1968) (applying a similar standard of intermediate scrutiny  
20 to a regulation limiting expressive conduct where the government  
21 interest was “unrelated to the suppression of free expression”).  
22 Thus the standard we hold to be appropriate provides adequate  
23 protection of Gomes’s First Amendment rights.

#### 24 IV. Application of the Standard

1           We agree with Gomes that the district court's thirteen-  
2 factor test was needlessly cumbersome. Although the district  
3 court's analysis was thorough and thoughtful, it did not discuss  
4 in sufficient depth the more limited number of factors identified  
5 by the test we adopt. In particular, the district court did not  
6 adequately consider Gomes's liberty interest, the possible limits  
7 of the government's interest in prosecution, and the need for  
8 monitoring of Gomes's condition. For this reason, and because of  
9 the passage of time since the district court hearing, we vacate  
10 that part of the district court's order that authorizes the  
11 involuntary medication of Gomes and remand for an involuntary  
12 medication hearing that is consistent with the standard we are  
13 announcing.

14           To assist the district court, we will briefly discuss the  
15 record facts of this case, understanding that they may be  
16 modified or supplemented with additional evidence on remand, in  
17 light of the applicable standard.

18           *A. The Government's Interest in Prosecuting Gomes*

19           With respect to the inquiry into the government's interest  
20 in trying the defendant, we decline to set forth a bright-line  
21 rule for all cases. While the governmental interest will  
22 generally be essential, it is still case specific. The factors  
23 that bear on this interest include whether the crime is one that  
24 is broadly harmful, such as drug trafficking, see United States

1 v. Arena, No. 00 CR.398, 2001 WL 1335008, at \*3 (S.D.N.Y. Oct.  
2 30, 2001) (finding that there is a compelling governmental  
3 interest in bringing to trial a defendant charged with conspiring  
4 to import cocaine), or a scheme of health care fraud, see Sell,  
5 282 F.3d at 568 & n.8 (deeming to be "paramount" the government's  
6 interest in prosecuting criminal charges of health care fraud and  
7 money laundering); whether it is classified as a felony and  
8 carries a substantial penalty, see Weston, 255 F.3d at 881  
9 (noting that the statutory sentences for crimes "reflect the  
10 intensity of the government's interest in bringing those  
11 suspected of such crimes to trial"); and whether the defendant  
12 poses a danger to society, based on the charged conduct, his past  
13 conduct, or both.

14 In this case, we believe that the government has an  
15 essential interest in bringing Gomes to trial. Gomes faces trial  
16 for a serious felony--possessing a firearm as a felon. Both the  
17 seriousness of the crime and Gomes's perceived dangerousness to  
18 society are evident from the substantial sentence Gomes faces if  
19 convicted. Because he has committed at least three prior violent  
20 felonies or serious drug offenses, Gomes faces a possible  
21 statutory minimum of fifteen years' imprisonment. Of course,  
22 statutory maxima and minima, while helpful indicators of the  
23 general governmental interest in prosecuting such a crime, may  
24 overstate or understate the severity of the actual charged

1 conduct and the particular risk to society posed by the  
2 defendant. It is appropriate for the district court to consider  
3 the sentence likely to be imposed in fact rather than the  
4 statutory maximum alone.

5 Some other aspects of the district court's consideration of  
6 the interests implicated in this case warrant further discussion.  
7 First, to the extent that the district court considered the  
8 enforcement of the federal criminal laws generally to be an  
9 essential overriding justification for involuntary medication, we  
10 think that it swept with too broad a brush. While the government  
11 has a strong interest in prosecuting all crime, some prosecutions  
12 are simply so minor that, in the absence of some unusual  
13 compelling reason, they ordinarily will not outweigh a  
14 defendant's interests in avoiding involuntary medication. We  
15 will not provide a definitive list of such offenses, but we have  
16 in mind such crimes as the first-time theft of a single letter or  
17 unlawful possession of a small amount of drugs for personal use.  
18 In appropriate circumstances--depending on the dangerousness of  
19 the defendant--there might be exceptions even in these cases.

20 In addition, the defendant's liberty interest, a critical  
21 factor in any proper analysis, is absent from the district  
22 court's discussion. We are not satisfied by the government's  
23 claim that the court implicitly considered Gomes's liberty  
24 interest when it said it weighed the competing interests. The

1 analysis of whether to involuntarily medicate must consider--and  
2 discuss explicitly--the defendant's liberty interest.

3 *B. The Medical Appropriateness of Gomes's Proposed*  
4 *Treatment*

5 As part of its inquiry into the medical appropriateness of  
6 administering antipsychotic medication in Gomes's case, the  
7 district court appropriately considered the expert's diagnosis of  
8 the defendant's mental illness. See Weston, 255 F.3d at 876  
9 ("Whether a proposed course of action is 'medically appropriate'  
10 obviously depends on the judgment of medical professionals.")  
11 (collecting cases); Harper, 494 U.S. at 231. The government  
12 offered the testimony of Gomes's treating psychiatrist at USMC-  
13 Springfield, Dr. Wolfson, who testified extensively about the  
14 likely effects and side effects of both the older and newer types  
15 of antipsychotic medication. Weighing the benefits of this type  
16 of medication against the possible harms, Dr. Wolfson concluded  
17 that medication was appropriate for Gomes. Without faulting Dr.  
18 Wolfson's comprehensive and competent testimony, we believe that,  
19 given the passage of time, the district court on remand should  
20 update the testimony, particularly to account for possible  
21 developments in Gomes's condition and advances in appropriate  
22 medications and their side effects.

23 *C. The Necessity of Medicating Gomes Because of the Absence*  
24 *of Less Invasive Means of Restoring Him to Competency*

25 The required inquiry into the necessity of administering the

1 drugs addresses two important concerns. First, it accomplishes  
2 narrow tailoring in that it requires the government to make a  
3 showing that it "could not obtain an adjudication of  
4 [defendant's] guilt or innocence by using less intrusive means."  
5 Riggins, 504 U.S. at 135; see also Sell, 282 F.3d at 567; Weston,  
6 255 F.3d at 882. Second, it ensures that, before medication is  
7 ordered, the district court finds that the prescribed medicine is  
8 likely to restore the defendant to competency. See Sell, 282  
9 F.3d at 567.

10 The necessity requirement should not be applied myopically.  
11 As the Weston court noted, "[e]ven narrow tailoring in strict  
12 scrutiny analysis does not contemplate a perfect correspondence  
13 between the means chosen to accomplish a compelling governmental  
14 interest." 255 F.3d at 883. The district court need only find  
15 that it is sufficiently likely, in light of the importance of the  
16 government's interest in prosecution, that the medication will  
17 restore the defendant to competence and will not produce undue  
18 side effects; it need not find that the medication is absolutely  
19 certain to have the desired effect. See Sell, 282 F.3d at 570.  
20 In this connection, we do not foreclose the possibility that,  
21 even though the alternative of psychiatric therapy might be  
22 determined to be ineffective standing alone, such treatment in  
23 conjunction with medication could possibly be effective and  
24 appropriate in particular circumstances.

1           *D. The Continued Monitoring of Gomes*

2           Although the district court did order that Gomes be  
3 monitored for side effects, we find that its order was  
4 insufficiently specific with respect to the need for continued  
5 monitoring of Gomes's ability to participate in and receive the  
6 fair trial that we believe is both feasible and warranted. It is  
7 essential that not only Gomes's health, but also his ability to  
8 participate in his trial, be evaluated over the course of the  
9 trial when the actual effects of the medication are known. See  
10 id. at 572.

11           *E. The Insanity Defense*

12           Finally, because the medication is likely to enhance Gomes's  
13 ability to rationally communicate, it would not, as Gomes's  
14 counsel contends, unduly prevent him from raising an insanity  
15 defense. "[A] defendant does not have an absolute right to  
16 replicate on the witness stand his mental state at the time of  
17 the crime." Weston, 255 F.3d at 884. The need for medication to  
18 render Gomes competent continues to yield an argument of some  
19 force that but for the medication, his illness would amount to  
20 insanity and that he suffered from the same illness when the  
21 crime was committed. In short, Gomes remains free to present an  
22 insanity defense through the testimony and reports of the doctors  
23 who have treated him or examined his file.

24           V. Gomes's Remaining Claims

